



PLANT FACT SHEET

Sesbania bispinosa (Jacq.) W. F. Wight

GENUS *Sesbania* FAMILY Fabaceae

COMMON NAMES Spiny Sesbania

EDIBLE PARTS AND USES

Edible parts: Seeds, Flowers

The seeds are cooked and eaten.

The seeds are made into flour.

The flowers are lightly boiled.

DESCRIPTION

A soft wooded, short lived shrub. It grows 1-3 m tall. It has small prickles. The leaves have leaflets along the stalk. They end abruptly. There are 50-110 leaflets and they are 1-2 cm long by 3-4 mm wide. The flowers are yellow. They hang in long stalks. The fruit are pods 15-25 cm long by 2-3 mm wide. There are 35-40 seeds.

HABITAT

A tropical plant. It grows as a weed in rice fields. It grows in waterlogged ground and in waste places. It grows between 1,000-1,200 m above sea level. In Argentina it grows between 500-1,000 m above sea level. It grows in areas with an annual rainfall between 550-2,210 mm. It can grow in arid places. In Sichuan and Yunnan.

PRODUCTION

Cultivation

It can be grown from seeds saved from the plant.

Harvesting and Seed Production

It grows quickly. It is a short lived plant.

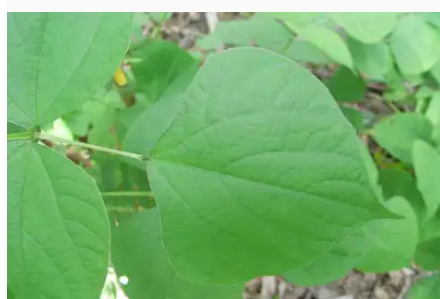
NOTES

The seeds are 32.7% protein.

PICTURES



Credit: Food Plants International (Bruce French)



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