PLANT FACT SHEET

Gaillardia pinnatifida Torr.

GENUS *Gaillardia* **FAMILY** Asteraceae

COMMON NAMES Red dome blanket flower, Hopi blanketflower

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are parched, ground and made into seed butter and eaten with fruit drinks or spread on bread.

DESCRIPTION

A herb. It grows 40-50 cm tall. The leaves are lobed and hairy and 8 cm long and grow to half way up the stem. There is a single flower at the top of the stem. The flower petals are yellow and the flower is red in the centre.

HABITAT

It is a warm temperate plant. It grows between 900-2,000 m above sea level.

NOTES

There are about 25-30 Gaillardia species.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 378

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 241

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5709c6da-8724-4b1d-96bb-6f0c4950cca7