PLANT FACT SHEET

Lophiocarpus tenuissimus Hook.f.

GENUS *Lophiocarpus* **FAMILY** Lophiocarpaceae

COMMON NAMES Narrow-leaved pondweed

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten as a vegetable.

DESCRIPTION

A herb. It is slightly swollen towards the base. It grows 30 cm tall. The leaves can occur singly on in groups. The flowers are near the top. The flowers are in groups or 3 and are yellowish-green.

HABITAT

It is a subtropical plant.

REFERENCES

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/571f2c18-cbd0-455b-aa80-11500e43a9f8