PLANT FACT SHEET

Vangueria ferruginea (Welw.) ined.

GENUS *Vangueria* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten raw.
They are also used to make wine.

DESCRIPTION

A shrub. It grows 1 m tall. The stems are erect. There can be one or several stems. They grow from a woody rootstock. Young plants have yellow hairs. The leaves are opposite or in rings. They are 3-15 cm long by 2-7 cm wide. The flowers are large. They are produced at nodes that have no leaves. The fruit is about 4 cm long. It is dark purple and turns light brown when ripe.

HABITAT

It is a subtropical plant. In Namibia it grows in deep red sand. It grows between 900-1,400 m altitude. It can grow in arid places.

NOTES

There is only one Ancylanthos species.

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