PLANT FACT SHEET

Cyperus exaltatus Retz.

GENUS *Cyperus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Ash - salt, Rhizome - spice

The plant is burnt and used as a spice.
The rhizome is grated and eaten raw.

DESCRIPTION

A sedge. It keeps growing from year to year. It has short rhizomes. The stems are 1-1.5 m tall. They are stout and 3 angled. The leaves are 6-10 mm wide.

HABITAT

It grows throughout the tropics. It grows in wet or swampy places.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/574a7484-3190-4bc4-89f4-fdfaca045487