PLANT FACT SHEET

Stomatostemma monteiroae (Oliv.) N. E. Br.

GENUS *Stomatostemma* **FAMILY** Apocynaceae

COMMON NAMES Monteiro vine

EDIBLE PARTS AND USES

Edible parts: Fruit, Tuber - water

The fruit are harvested while still green and the seeds removed then the fruit are used as a relish. The fruit are boiled in water and sliced and sun dried. The dried fresh fruit are eaten.
Water is extracted from the tuber.

DESCRIPTION

A climber or creeper. It grows 10 m high. The stems are round. They wind around supports. It has tuberous roots. The leaves are narrowly oval. The flowers are white to yellowish-green. The fruit are a long shape and they have rings around them.

HABITAT

It is a tropical plant. It grows on dry woodland and rocky hillsides.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5752d5e1-c36c-4b6d-a740-20bc91676c94