PLANT FACT SHEET

Taraxacum cyprium Lindberg f.

GENUS *Taraxacum* **FAMILY** Asteraceae

COMMON NAMES Cyprus dandelion, Big root dandelion

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten in salads. They are also boiled and eaten as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Baydoun, S., et al, 2023, Wild leafy Vegetables: A potential source for a traditional Mediterranean food from Lebanon. Frontiers in Sustainable Food Systems. 6:991979

Della, A., et al, 2006, An ethnobotanical survey of wild edible plants of Paphos and Larnaca countryside of Cyprus. J. Ethnobiol. Ethnomed. 2:34

http://cypruswildflowers.com

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/576e19d0-b653-48fc-84a1-9380fbd83a49