PLANT FACT SHEET

Silaum silaus (L.) Schinz. & Thel.

GENUS *Silaum* **FAMILY** Apiaceae

COMMON NAMES Pepper saxifrage, Meadow saxifrage

EDIBLE PARTS AND USES

Edible parts: Leaves

It is sometimes cooked as an acid potherb.

DESCRIPTION

A herb. It grows 40-100 cm tall. The leaves are oval or triangle shaped. They are 7-20 cm long by 6-10 cm wide. THe leaflets have lobes. The flowers are in groups 3-4 cm across.

HABITAT

It is a temperate or Mediterranean climate plant. It grows in wet meadows between 100-300 m above sea level in China.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 21

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 607 (? As Silaum flavescens)

http://www.botanic-gardens-ljubljana.com/en/plants

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5798a51a-dfeb-45df-a4ef-0677cbbdb7cf