PLANT FACT SHEET

Microcos philippinensis (Perkins) Burret

GENUS *Microcos* **FAMILY** Malvaceae

COMMON NAMES Balukbok

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten raw.

DESCRIPTION

A small tree with alternate leaves. They are pointed at both ends and somewhat hairy, particularly on the lower surfaces. The fruit are 2 cm across, oval, yellowish and velvety.

HABITAT

A tropical plant. They occur in the Ilocos regions, Pangasinan, Nueva Ecija and Batangas, growing in the forests at low altitudes in the Philippines.

NOTES

They have also been put in the families Tiliaceae and Sparrmanniaceae.

REFERENCES

Brown, W.H., 1920, Wild Food Plants of the Philippines. Bureau of Forestry Bulletin No. 21 Manila. p 110 (As Grewia edulis)

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Monsalud, M.R., Tongacan, A.L., Lopez, F.R., & Lagrimas, M.Q., 1966, Edible Wild Plants in Philippine Forests. Philippine Journal of Science. p 550

PROSEA No. 2

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/57f24a50-ffa1-45b4-940b-7762e67d0992