PLANT FACT SHEET

Peperomia arifolia Miq.

GENUS *Peperomia* **FAMILY** Piperaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw or cooked.

DESCRIPTION

A herb. The leaves are large and rounded or heart shaped.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

PRODUCTION

Cultivation

Plants can be grown by seeds or cuttings.

REFERENCES

da Cruz Alves, Thiago, 2020, Plantas Alimentícias Não Convencionais (PANC) da Travessia Teresópolis - Petrópolis, Serra dos Órgãos, RJ / Thiago da Cruz Alves. - Rio de Janeiro, 2020. p 32, 89

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/582eb148-d82a-4bdd-ba1a-2b54ccaf9d67