PLANT FACT SHEET

Monarda citriodora Cerv. ex Lag.

GENUS *Monarda* **FAMILY** Lamiaceae

COMMON NAMES Lemon bergamot, Lemon mint

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The lemon flavoured leaves can be used for flavouring.
They are also used for tea.

DESCRIPTION

A hairy herb. It grows for one or two years. It grows 60 cm high. The leaves are narrow and sword shaped. They can be 5 cm long. They have small teeth along the edge. They are mid green in colour. The flowers are in clusters forming a head. These can be 3-4 cm across. They are curved tubes. There can be several along a stem. The flowers are white or pink with purple spots.

HABITAT

It is a temperate plant. It can tolerate frost. It can grow up to at least 2,000 m altitude in Texas. It suits hardiness zone 5.

PRODUCTION

Cultivation

It can be grown from seed, cuttings or division. Plants should be spaced 20-25 cm apart.

NOTES

There are 15 Monarda species.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5836ed8e-5b83-4f0c-a844-26c5ddcf3079