PLANT FACT SHEET

Staudtia kamerunensis var. gabonensis (Warb.) Fouilloy

GENUS *Staudtia* **FAMILY** Myristicaceae

EDIBLE PARTS AND USES

Edible parts: seeds - aril

The aril or fleshy layer around the seeds is eaten.

DESCRIPTION

A tree. It grows 35 m tall. The trunk is fluted. The bark when cut produces a red sap. Leaves are alternate and simple. They are 8-16 cm long by 2-5 cm wide. Male and female flowers are separate. Fruit are 2-3.5 cm long. They are in clusters of 20. They are yellowish ad have one seed. There is a red layer around the seed.

HABITAT

It is a tropical plant.

PRODUCTION

Cultivation

Plants are grown from seeds. Seeds germinate in 60-80 seeds.

Harvesting and Seed Production

It is slow growing.

REFERENCES

Latham, P & Mbuta, A., 2017, Useful Plants of Central Province, Democratic Republic of Congo. Volume 2. Salvation Army p 183

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/58400382-db85-4d42-a03f-9d680d551d8c