PLANT FACT SHEET

Orbea namaquensis (N. E. Br.) Leach

GENUS *Orbea* **FAMILY** Apocynaceae

COMMON NAMES Carrion flower, Namaqua orbea

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Pods, Stems

The leaves are eaten. They are slightly bitter.
The flowers are also eaten.

DESCRIPTION

A succulent plant that forms clumps. These can be 50 cm to 1 m across. The stems are 3-10 cm long and 2-4 cm thick.

HABITAT

It is a tropical plant. It suits the desert or dry shrubland.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5849e4f2-bf85-4a8f-891f-21ae7f1bedfd