PLANT FACT SHEET

Trigonella balansae Boiss. & Reut.

GENUS *Trigonella* **FAMILY** Fabaceae

COMMON NAMES Sickle-fruited fenugreek

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are used as a pot-herb and as a flavouring. They can be dried and stored. They can be soaked in water and used as a flavouring in cooked dishes.

DESCRIPTION

A spreading herb. It is an annual plant and usually hairless. The leaves have 3 leaflets. These are narrow and can be notched at the tip. The flowers are yellow. They are 6-7 mm long. They are in long stalked cylinder shaped racemes. These contain 8-15 flowers. The wing petals are shorter than the keel. The pods are narrow. They are 10-16 mm long and hang down. The are slightly curved and have thin veins across them.

HABITAT

It is a temperate plant. It grows in grassy places.

PRODUCTION

Harvesting and Seed Production

It is slow growing.

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