PLANT FACT SHEET

Allium cristophii Trautv.

GENUS *Allium* **FAMILY** Amaryllidaceae

COMMON NAMES Star of Persia

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Bulb

The bulbs are eaten raw or cooked.
The leaves are eaten raw or cooked.
The flowers are used raw or to flavour salads.

DESCRIPTION

An onion family plant. It is a bulb plant. It grows to 20 cm high and 12 cm across.

HABITAT

It is a temperate plant. It grows naturally on gravely slopes in Iran and Russia.

PRODUCTION

Cultivation

Plants can be grown from seed or by division of clumps. Bulbs should be planted fairly deeply.

NOTES

There are about 300-700 Allium species. Most species of Allium are edible (Flora of China). All alliums are edible but they may not all be worth eating!
They have also been put in the family Alliaceae.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/ (As Allium bodeanum)

Trudy Imp. S.-Peterburgsk. Bot. Sada 3(2):238. 1875 (As Allium bodeanum)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/58913c6f-5865-4a2a-bb72-e5a4878dd5d7