PLANT FACT SHEET

Anacyclus maroccanus (Ball) Ball

GENUS *Anacyclus* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The leaves are mixed with Lavatera cretica (Malva multiflora) to make a vegetable dish.
The flowers are cooked as a garnish for traditional bread.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Tbatou, M, et al, 2016, Wild Edible Plants traditionally used in the countryside of El Jadida, Coastal Area in the Center of Morocco. Life Sciences Leaflets 75:28-48

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/58a17d13-a838-4eae-bc4a-ce6c78c5429f