PLANT FACT SHEET

Brassica juncea var. sareptana Sinskaja

GENUS *Brassica* **FAMILY** Brassicaceae

COMMON NAMES Brown mustard, Sarepta mustard

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

DESCRIPTION

A cabbage family herb. It grows each year from seeds. It grows 1 m tall. The flowers are bright yellow and brown.

HABITAT

It is a temperate plant.

NOTES

There are about 30 Brassica species and many cultivated varieties.
Not in The Plant List.

REFERENCES

Pocasarp, P. et al, 2016, Sulforaphene and sulforaphane in commonly consumed cruciferous plants contributed to antiproliferation in HCT116 colon cancer cells. Asian Pacific Journal of Tropical Biomedicine. 6(2):119-124

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/58b2bf7b-1a4d-4202-be16-dff3f5520eb3