PLANT FACT SHEET

Thymus willdenowii Boiss.

GENUS *Thymus* **FAMILY** Lamiaceae

COMMON NAMES Gibraltar thyme

EDIBLE PARTS AND USES

Edible parts: Leaves - drink

DESCRIPTION

A herb or small woody shrub. It has a strong aroma. It grows 30 cm tall. The leaves are 1 cm long. They are hairy. The flowers are small and white to pink.

HABITAT

It is a Mediterranean climate plant. It suits cracks in limestone.

NOTES

It is also used as medicine with anti-oxidant activity.

REFERENCES

Ghanimi, R., et al, 2022, Ethnobotanical study on wild edible plants traditionally used by Messiwa people, Morocco. Journal of Ethnobiology and Ethnomedicine. 18:16

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/58fb9afa-0d37-46d5-bd5c-ec6687fa4889