PLANT FACT SHEET

Taraxacum assemanii C.I. Blanche ex Boiss.

GENUS *Taraxacum* **FAMILY** Asteraceae

COMMON NAMES Assema dandelion

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw or cooked.

DESCRIPTION

A herb.

HABITAT

It is a temperate to Mediterranean climate plant.

REFERENCES

Baydoun, S., et al, 2023, Wild leafy Vegetables: A potential source for a traditional Mediterranean food from Lebanon. Frontiers in Sustainable Food Systems. 6:991979

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5911e486-2946-4c28-88f3-a730f6ad2f8f