PLANT FACT SHEET

Ziziphora taurica subsp. cleonioides (Boiss.) P. H. Davis

GENUS *Ziziphora* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows each year from seed.

HABITAT

It is a temperate plant. It has been recorded at 800 m above sea level.

NOTES

The oil has antioxidant activity.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/591bccf7-ce19-4f14-a360-4d3c3b9bcb52