PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Pteris multifida Poir.

GENUS *Pteris* **FAMILY** Pteridaceae

COMMON NAMES Spider brake

EDIBLE PARTS AND USES

Edible parts: Medicine

DESCRIPTION

A fern. It has a creeping rhizome. The fronds are small and divided 2 or 3 times. The segments are long, narrow and of a thin texture.

HABITAT

It grows in the tropics and subtropics. It grows on walls or on limestone. In China it grows below 1,000 m above sea level. In Argentina it grows between sea level and 300 m above sea level.

NOTES

The fronds are used in medicine.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/59382d78-0adb-4a68-82d6-6be5df4916ff