PLANT FACT SHEET

Sarcostemma intermedium Decne.

GENUS *Sarcostemma* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Sap

The milky juice is drunk.
The shoots are eaten as a salad.

DESCRIPTION

A twining plant. The stems are trailing, leafless and jointed. It has a milky latex The flowers are in a flat topped arrangement with stalks from the same point and these are at the top of the plant. The flowers are white. The fruit are follicles that are broad at the base and narrow at the tip. The seeds are oblong and flat.

HABITAT

It is a tropical plant. It grows up to 900 m above sea level.

NOTES

Several Sarcostemma have been changed to Cynanchum.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 594

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/593ab03c-7dc3-4b81-bc33-5de95fe039f0