PLANT FACT SHEET

Salvia arizonica Gray

GENUS *Salvia* **FAMILY** Lamiaceae

COMMON NAMES Desert indigo sage, Arizona sage

EDIBLE PARTS AND USES

Edible parts: Seeds, Seed sprouts

DESCRIPTION

A herb. It grows 50 cm tall. The leaves are triangle shaped and have teeth along the edge. The flowers are small and blue.

HABITAT

It is a temperate plant. It often grows at higher altitudes between 2,200-2,900 m above sea level.

PRODUCTION

Cultivation

It can grow from underground runners and also by seeds.

REFERENCES

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 181

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/594e5617-76d0-4bdf-b80e-8078e73ffa84