PLANT FACT SHEET

Patellifolia procumbens (C. Sm.) A. J. Scott, Ford-Lloyd & J. T. Williams

GENUS *Patellifolia* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves, Seeds

The young leaves are cooked and eaten.
The fruit are eaten fresh.
The seeds are roasted and ground into flour.

DESCRIPTION

A herb. It grows each year from seed. It grows 40 cm tall. The leaves are oval to triangle shaped and 4-7 cm long by 2.5-4 cm wide. They vary.

HABITAT

A Mediterranean to subtropical climate plant. It grows in the Sahara and arid places. It grows in coastal areas and up to 2,000 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/595a54b9-b8b0-46b5-84c5-e781566905e2