PLANT FACT SHEET

Iris pallida Lam.

GENUS *Iris* **FAMILY** Iridaceae

COMMON NAMES Dalmatian Iris, Sweet iris

EDIBLE PARTS AND USES

Edible parts: Rhizome - flavouring, Root

The peeled and dried rhizome is used in flavouring.
Oris oil derived from the rhizome is used to flavour soft drinks, candy and chewing gum.

DESCRIPTION

A fleshy stemmed iris. It grows 90-120 cm high and spreads 30 cm wide. The leaves are stiff and sword like. They are bluish-green. They are thick and have fine ribs. The flowers are large and fragrant. They are blue with yellow beards.

HABITAT

It is a temperate plant. It grows in rocky habitats and scrub. They suit hardiness zones 5-9.

NOTES

There are about 300 Iris species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/596f5eb5-4cd2-4a5c-8c36-f5ff71179d0d