PLANT FACT SHEET

Astrocaryum urostachys Burret

GENUS *Astrocaryum* **FAMILY** Arecaceae

COMMON NAMES Awant'

EDIBLE PARTS AND USES

Edible parts: Palm heart, Seeds, Cabbage, Fruit

The seeds are eaten raw.

DESCRIPTION

A palm.

HABITAT

A tropical plant. It grows up to 1,000 m above sea level.

NOTES

There are about 40-50 Astrocaryum species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/59aea2c9-ec43-4b3b-b67b-3233d8249072