PLANT FACT SHEET

Angelica sylvestris L.

GENUS *Angelica* **FAMILY** Apiaceae

COMMON NAMES Tree Angelica, Wild Angelica

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves, Stems, Root - flavouring, Vegetable

The young stems and leaves are boiled and eaten as a vegetable. The stalks are peeled and used in soups.
The chopped leaves are added to rhubarb and other stewed fruit dishes.
The roots are used as a spice of flavouring.
The seeds are used as a spice.

DESCRIPTION

A small plant. It grows for 2 years or can keep growing for a few years. It grows 2 m tall and spreads 1 m wide. The underground stem or rhizome is thick. The stems are erect and hollow and branch at the top. They are purple. The leaves are green and divided 3 times and are triangle shaped. They are 60 cm long. There are teeth along the edge. The flowers are white in compound groups at the top of the plant. The fruit are oval and flattened. There are wings along the edge.

HABITAT

It is a temperate plant. It does best in moist rich soil. It needs a protected slightly shady position. It cannot tolerate drought. It can tolerate frost.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are 50 Angelica species. They are temperate plants.

PICTURES



Credit: Food Plants International (Bruce French)

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