PLANT FACT SHEET

Actinidia arguta var. cordifolia (Miq.) Bean

GENUS *Actinidia* **FAMILY** Actinidiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

Fruit are eaten raw or cooked.

DESCRIPTION

A climber which can be 7 m long. Male and female flowers occur on separate plants. The small flowers are sweetly scented. The fruit is about 2.5 cm long and with a smooth skin.

HABITAT

It prefers a loamy neutral soil. Although it can grow in light shade it fruits best in full sun. During the dormant stage it can tolerate temperatures down to -30°C.

PRODUCTION

Cultivation

Male and female plants must be grown if seed is required. Plants can be grown from seed. Fresh seed germinates in 2 - 3 months at 10°C and stored seed can take longer. Seedlings should be transplanted out when 30 cm tall and after the last frosts. (Most seedlings are male.) Plants can be grown from cuttings.

Harvesting and Seed Production

Fruit are produced on second year wood and on fruit spurs on older wood.

NOTES

There are 40-60 Actinidia species. The Actinidiaceae are a mainly tropical family.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/59e85f00-5f21-47de-917d-b00eb6bdfe82