PLANT FACT SHEET

Satureja thymbra L.

GENUS *Satureja* **FAMILY** Lamiaceae

COMMON NAMES Thyme-leaved savory, Barrel sweetener, Roman hyssop

EDIBLE PARTS AND USES

Edible parts: Herb, Spice, Leaves - tea

The leaves are used for flavouring in cooking. It is like thyme.
They are used for seasoning brine cured olives, grilled meats, and vegetables.
(It is used to clean wine barrels before the next year's vintage.)
The leaves are used for tea.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant.

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