PLANT FACT SHEET

Allmania nodiflora (L.) R. Br. ex Wight

GENUS *Allmania* **FAMILY** Amaranthaceae

COMMON NAMES Node flower allmania

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are used as a spinach.

DESCRIPTION

A herb. It can be erect or trailing on the ground. It grows to 80 cm high. The stems are branched near the base. The leaves are finely hairy underneath. The leaves are alternate. The leaves are narrowly oblong and 2-6 cm long by 1-2 cm wide. The flowers are in round heads. There are 3-7 flowers in a group. The flowers are red.

HABITAT

It is a tropical plant. It grows on sandy soil or sandy shores up to 200 m in southern China. It can grow partly in water.

NOTES

There is only one Allmania species.

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