PLANT FACT SHEET

Vatovaea pseudolablab (Harms) J. B. Gillett

GENUS *Vatovaea* **FAMILY** Fabaceae

COMMON NAMES Kullayya

EDIBLE PARTS AND USES

Edible parts: Seeds, Pod, Leaves, Vegetable, Flowers, Tuber, Root

All parts are eaten raw.
The tubers can be eaten raw or boiled. They can also be peeled, chopped and dried then ground to produce flour. This is used with sorghum flour to produce porridge.
The seeds can be eaten raw or cooked.
The flowers and leaves are cooked and eaten.

DESCRIPTION

A climbing herb. It climbs over shrubs in dry country. The stems are a greenish-purple. The roots are long and swollen. They are juicy and fibrous. The leaves have 3 leaflets. The flowers are purple and green. The fruit are pods that are slightly curved and softly hairy. They have about 6 seeds.

HABITAT

It is a tropical plant. In East Africa it often grows along dry watercourses and in dry bush land. It grows in the lowlands and midlands between 450-1,400 m altitude. It can grow in arid places.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There is only one Vatovaea species.

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