PLANT FACT SHEET

Hyptis brevipes Poir.

GENUS *Hyptis* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten as a vegetable.

DESCRIPTION

A herb. It grows each year from seed. It has spindle shaped tubers. The stems are 1-1.5 m high. The angles of the stem are rough. The leaf stalk is 0.3-2.2 cm long. The leaf blade is oval or sword shaped and 2.5-7.5 cm long by 1-2.5 cm wide. It is bluish green. The edges have teeth. It tapers to the tip. Flowers are white. The nutlets are dark brown and oval. They are 1 mm long by 0.5 mm wide.

HABITAT

A tropical plant. In China it grows in open waste places at low elevations in the tropical south. It grows in marshy places.

NOTES

There are about 350-400 Hyptis species. Most are tropical or subtropical.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5abb7bcf-95eb-4df5-8064-1a00e5681f5c