PLANT FACT SHEET

Taraxacum koksaghyz L. E. Rodin

GENUS *Taraxacum* **FAMILY** Asteraceae

COMMON NAMES Rubber dandelion, Russian dandelion

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root

The leaves are eaten raw or cooked.

DESCRIPTION

A herb. It has a long taproot. It keeps growing from year to year. It grows 20 cm tall. It has 25-50 leaves arranged in one or more rings. The leaves are greyish-green and smaller than common dandelion. Flowers are on stalks about 25 cm long. A flower head can be 2.5 cm across.

HABITAT

It is a temperate plant. It is best in loose well-drained soil. It grows in damp slightly salty soil. Tasmania Herbarium.

NOTES

There are 50-60 Taraxacum species. This species yields latex used as a source or rubber. Yields of 110 kg of rubber per hectare were obtained.

REFERENCES

Baker, M. L. & de Salas, M. F., 2012, A Census of the Vascular Plants of Tasmania. (On line)

Nedelcheva A., 2013, An ethnobotanical study of wild edible plants in Bulgaria. EurAsian Journal of BioSciences 7, 77-94

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Soukand, R., et al, 2021, The trauma of no-choice: Wild food ethnobotany in Yaghnobi and Tajik villages, Varzob Valley, Tajikistan. Genetic Resources and Crop Evolution · December 2021

Tasmanian Herbarium Vascular Plants list p 14

Trudy Bot. Inst. Akad. Nauk S.S.S.R., Ser. 1, Fl. Sist. Vyssh. Rast. 1:187. 1933

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 199-230).

Zeven, A. C. & de West, J. M. J., 1982, Dictionary of cultivated plants and their regions of diversity. Wageningen. p 82

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5ad7e428-9e62-4b12-bf37-b6f8deedb32b