PLANT FACT SHEET

Diplotaxis viminea (L.) DC.

GENUS *Diplotaxis* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leafy parts are eaten raw in salads or as a snack with bread.

DESCRIPTION

A cabbage family herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Biscotti, N. et al, 2018, The traditional food use of wild vegetables in Apulia (Italy) in the light of Italian ethnobotanical literature. Italian Botanist 5:1-24

Pieroni, A., et al, 2022, Chorta (Wild Greens) in Central Crete: The Bio-Cultural Heritage of a Hidden and Resilient Ingredient of the Mediterranean Diet. Biology 2022, 11, 673.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5ae0bbc1-eb2f-468b-a5da-205df41fc62a