PLANT FACT SHEET

Ligusticum canadense (L.) Britton

GENUS *Ligusticum* **FAMILY** Apiaceae

COMMON NAMES Canadian licorice root

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are dried and then fried and eaten.

DESCRIPTION

A herb. It is stout and grows 150 cm tall. The leaves are compound with 3-4 leaflets.

HABITAT

It is a temperate plant. It suits hardiness zone 6.

REFERENCES

Jackes, D. A., Edible Forest Gardens
Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 305

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5af6ec3a-922f-49d4-8dfc-c986b992d67f