PLANT FACT SHEET

Origanum dictamnus L.

GENUS *Origanum* **FAMILY** Lamiaceae

COMMON NAMES Dittany of Crete, Hop marjoram

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used to flavour salads and vermouth.
It is used in sauce for use with fish.
The flower tops are dried and brewed into tea.

DESCRIPTION

A small evergreen shrub. It grows 30 cm high and spreads 30 cm across. The leaves are white and felted. They are oval with easy to see veins. The leaves are 2.5 cm long. The flowers are tiny and in purplish bracts. They form drooping heads.

HABITAT

It is a temperate plant. It grows naturally on free draining alkaline soils. It grows in limestone cliffs in Crete. It suits hardiness zones 7-10.

PRODUCTION

Cultivation

Plants can be grown from cuttings.

NOTES

There are 20 Origanum species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5b0c5cec-c0ad-4abf-b493-1d192a94c1b6