PLANT FACT SHEET

Cardamine breweri S. Watson

GENUS *Cardamine* **FAMILY** Brassicaceae

COMMON NAMES Brewer's bittercress

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves can be eaten raw but are better cooked in soups, stews and casseroles.

DESCRIPTION

A small herb. It grows 50 cm tall. There are leaves at the base. The leaves are mostly compound. The flower petals are 3-6 mm long.

HABITAT

In Canada it grow in wet foothills.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 216
www.theplantlist.org

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