PLANT FACT SHEET

Pseudoziziphus parryi (Torr.) Hauenschild

GENUS *Pseudoziziphus* **FAMILY** Rhamnaceae

COMMON NAMES Parry's jujube

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten fresh. They are also dried and ground into flour and made into porridge.
The kernel of the nut is leached and ground into flour.

DESCRIPTION

A shrub. It can grow 4 m tall. It loses its leaves during the year. The flowers are in a group with several star shaped yellow flowers. The fruit contain 1 seed.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

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Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 942 (As Ziziphus parryi)

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 614 (As Ziziphus parryi)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5b50f794-775d-4cdf-b0a6-c64a6b605f84