PLANT FACT SHEET

Layia platyglossa (Fisch. & C. A. Mey.) A. Gray

GENUS *Layia* **FAMILY** Asteraceae

COMMON NAMES Coastal Tidy Tips

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten in pinole. They are also ground into flour and used as a porridge.

DESCRIPTION

An annual bushy plant. It grows 45 cm high and spreads 25 cm wide. The leaves are narrow and greyish-green. The flowers are daisy like and yellow. They are 5 cm wide. The rays have white tips.

HABITAT

It is a warm temperate to tropical plant. It suits hardiness zones 8-11.

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5b8ab6d3-8064-402f-a2fd-a58598cb6b47