PLANT FACT SHEET

Boswellia neglecta S. Moore

GENUS *Boswellia* **FAMILY** Burseraceae

EDIBLE PARTS AND USES

Edible parts: Gum, Bark - tea, Fruit

The resin or gum is chewed.
The bark is used for making tea.
The fruit is eaten raw.

DESCRIPTION

A shrub or small tree. It grows 5 m high. The leaves are in tufts on small side shoots. The flowers are greenish white. The fruit are red and 3 sided with 3 seeds.

HABITAT

It is a tropical plant. In Kenya it grows between 200-1,350 m altitude. It grows in drier places with a rainfall between 350-600 mm per year. It can grow in arid places.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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