PLANT FACT SHEET

Cryptocoryne retrospiralis (Roxb.) Kunth

GENUS *Cryptocoryne* **FAMILY** Araceae

COMMON NAMES Antispiral water trumpet

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked as a vegetable.

DESCRIPTION

A herb. It forms long narrow leaves under water. They are reddish.

HABITAT

It is a tropical plant. It suits the wet tropics.

REFERENCES

Chandrakumar, P., et al, 2015, Ethnobotanical studies of wild edible plants of Gond, Halba and Kawar tribes of Salekasa Taluka, Gondia District, Maharashtra State, India. International Research Journal of Pharmacy 6(8)

Lokhande, K. S., 2020, Ethnobotanical Survey on Wild Edible Plants Used by Tribals & Rural People of Arjuni/Mor Taluka, Gondia District, Maharashtra State, India. Advances in Zoology and Botany 8(3): 209-217

Narayanan Ratheesh, M. K. et al, 2011, Wild edible plants used by the Kattunaikka, Paniya and Kuruma tribes of Wayanad District, Kerala, India. Journal of Medicinal Plants Research Vol. 5(15), pp. 3520-3529

Prafulla, S., 2017, Wild Food Diversity of Nawegaon-Nagzira Tiger Reserve in Gondia-Bhandara district of Maharashtra, India. Int. J. of Life Sciences, 2017, Vol. 5 (4): 620-626

Rahangdale, D. R. & Rahangdale, S.S., 2014, Potential Wild Edible Plant Resources from Maharashtra: Future Prospects for their Conservation and Improvement. Life Sciences Leaflets ISSN 0976-1098

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5bae5805-d25b-4efc-bc14-e7d8a25b3e86