PLANT FACT SHEET

# *Cardamine loxostemonoides* O.E. Schultz

**GENUS** *Cardamine* **FAMILY** Brassicaceae

**COMMON NAMES** Cuckoo flower

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The young tender shoots and leaves are cooked and eaten as a vegetable.

## DESCRIPTION

A cabbage family herb. It is an annual plant. It grows to about 30 cm high. The leaves are divided. The leaflets do not have a stalk. The flowers are white and in groups. The fruit is a narrow pod.

## HABITAT

It is a temperate plant. In Nepal it grows from 2900-5500 m altitude. It grows in open places. In Yunnan.

## PRODUCTION

### Cultivation

Plants are grown from seed.

## NOTES

There are about 160 Cardamine species. They are mostly in damp places in temperate regions.

## REFERENCES


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**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/5bb92852-f684-4e6d-b4cf-ebea8adebb68