PLANT FACT SHEET

Boeica fulva C. B. Clarke

GENUS *Boeica* **FAMILY** Gesneriaceae

COMMON NAMES Jaku

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are boiled and eaten as a vegetable.
They are also cooked and eaten with deer.

DESCRIPTION

A herb or small shrub. The stems are 15 cm long. The leaves are narrowly oval and 10-17 cm long by 5-7 cm wide. They are very woolly underneath. There are irregular shallow teeth along the edge. There are many flowers in a group. They are purple.

HABITAT

It is a temperate plant. It grows in mountain regions between 1,300-1,400 m above sea level.

REFERENCES

Murtem, G. & Chaudhrey, P., 2016, An ethnobotanical note on wild edible plants of Upper Eastern Himalaya, India. Brazilian Journal of Biological Sciences, 2016, v. 3, no. 5, p. 63-81

Taram, M., et al, 2018, Wild Food Plant Resources of Komkar Adi Tribe of Upper Siang District in Arunachal Pradesh, India. Bulletin of Arunachal Forest Research, Vol. 33(2), 27-35

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5c09b2de-cd17-4955-88fd-47777c3832d1