PLANT FACT SHEET

Sinclairia sublobata (B. L. Rob.) Rydb.

GENUS *Sinclairia* **FAMILY** Asteraceae

COMMON NAMES Quilete, Papelillo, Tampupo

EDIBLE PARTS AND USES

Edible parts: Leaves

The young plants and leaves are eaten.

DESCRIPTION

A bush or small tree. It grow up to 2 m tall. The leaves are simple and opposite. The leaf blades are 6-10 cm long by 5-8 cm wide. The leaves taper to the tip and are wedge shaped at the base. The flowers are in groups at the ends of branches. These are 6-30 cm long. The fruit are 2-3 mm across.

HABITAT

It is a tropical plant. It grows in humid places between 500-1,400 m altitude.

PRODUCTION

Cultivation

It can be grown from seed or cuttings. It can be used as a hedge.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5c12897a-afa4-44f1-afb0-10205258983c