PLANT FACT SHEET

Proboscidea parviflora (Wooton) Wooton & Standl.

GENUS *Proboscidea* **FAMILY** Martyniaceae

COMMON NAMES Double claw

EDIBLE PARTS AND USES

Edible parts: Seeds

The young seeds are eaten fresh.
The young tender fruit can be cooked and eaten.
The seeds may yield an edible oil.

DESCRIPTION

An annual herb. It grows 1 m tall. The flowers are purple. The fruit are 15 cm long by 5 cm wide. It has a logn beak that splits into a curved claw.

HABITAT

It is a tropical plant. It can grow in arid places.

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