PLANT FACT SHEET

Pilea glaberrima (Blume) Blume

GENUS *Pilea* **FAMILY** Urticaceae

COMMON NAMES Hare gageleto, Gugeo

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The tender leaves are cooked as a vegetable.

DESCRIPTION

A herb. It grows about 1 m high. The leaves have stalks. The leaves are oval to sword shaped. They taper to the tip. They have 3 veins. They narrow towards the base. The flowers are white or yellow. The fruit is dry and smooth.

HABITAT

A subtropical plant. It grows in Nepal between 300-2000 m altitude. In Indonesia it grows between 1,000-2,000 m above sea level. It grows in moist, rocky places. In Yunnan.

PRODUCTION

Cultivation

Plants are grown from seed or root offshoots.

NOTES

There are about 250 species but 600 Pilea species have been named. They occur in tropical and warm temperate regions. Many in the tropics have not yet been described.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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