PLANT FACT SHEET

Lathyrus clymenum L.

GENUS *Lathyrus* **FAMILY** Fabaceae

COMMON NAMES Spanish vetchling, Crimson pea

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten boiled and seasoned. They are used in omelettes or stews.
They are also eaten raw by shepherds and children.
The raw seeds in large amounts can cause lathyrism or paralysis of the legs.

DESCRIPTION

A herb. The leaves are narrow and like grass. The stems have wings. There are branched tendrils. The flowers are red to pink.

HABITAT

It is a Mediterranean climate plant.

NOTES

It is high in protein.

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