PLANT FACT SHEET

Umbilicaria muehlenbergii (Ach.) Tuck.

GENUS *Umbilicaria* **FAMILY** Umbilicariaceae

COMMON NAMES Rock tripe

EDIBLE PARTS AND USES

Edible parts: Lichen

It is added to fish soup to thicken the soup.

DESCRIPTION

A lichen.

HABITAT

It is a temperate plant.

REFERENCES

Boa, E. R., 2004, Wild edible fungi and their importance to people. FAO Non Wood Forest Products Booklet 17 (As Actinogyra muehlenbergii)

Kuhnlein, H. V. and Turner, N. J., 1991, Traditional Plant Foods of Canadian Indigenous Peoples. Food and Nutrition in History and Anthropology Volume 8. Gordon and Breach. p 23 (As Actinogyra muehlenbergii)

www.lichen.com/usetype.html

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5c66cfb7-752a-41b6-98db-2b279661f96c