PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Lomatium dissectum var. multifidum (Nutt.) Mathias & Constance

GENUS *Lomatium* **FAMILY** Apiaceae

COMMON NAMES Carrot leaf biscuit root, Fern-leaved lomatium

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Roots

The young shoots and seeds are used as food. Caution.
The roots are boiled to make a drink.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb. (ACEDB version 4.0 - data version July 1994) (As Leptotaenia multifida)

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 495

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 314

J. Torrey & A. Gray, Fl. N. Amer 1:630. 1840 (As Leptotaenia multifida)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5c679087-0467-441f-8cf0-a51e8b92590c