PLANT FACT SHEET

Leontopodium nivale subsp. alpinum (Cass.) Greuter

GENUS *Leontopodium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Flowers - drinks

The flowers are used for drinks and teas.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Abbet, C., et al, 2014, Ethnobotanical survey on wild alpine food plants in Lower and Central Valais (Switzerland). Journal of Ethnopharmacology 151 (2014) 624–634 (As Leontopodium alpinum)

Christanell, A., et al, 2010, The Cultural Significance of Wild Gathered Plant Species in Kartitsch (Eastern Tyrol, Austria) and the Influence of Socioeconomic Changes on Local Gathering Practices. Chapter 3 in Ethnobotany in the New Europe. Berghahn Books. (As Leontopodium alpinum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5c91c7bf-0dde-46bc-888b-b927947a88cd